

A MYTHIC WEEKEND EVENT
Life Journeys and Stories that Matter

Presentation Descriptions and Schedule

SATURDAY, JANUARY 23

The 4 Aspects of Love: The Path of the Open Heart in Turbulent Times

— ERNESTO ORTIZ —

Saturday, January 23 - 9:00 am to 12 Noon

In times of uncertainty when the world appears in turmoil, our Highest choice is to choose to keep an open Heart.

In this highly experiential workshop, Ernesto facilitates an understanding of the four stages of Love: Physical Love, Unconditional Love for Others, Divine Love and Deep Inner Love. Moving through these stages of Love is designed to:

- ★ fully open your Heart;
- ★ increase intimacy with the Self; and
- ★ allow you to drop fears that may keep you from Being Love.

Participants are encouraged to be open to the magic possibility of returning to childlike innocence. This experience often heals old wounds and allows you to experience the ecstasy of being fully present and alive.



LUNCH BREAK

Mythic Journeys: Film screening followed by Q and A with the filmmakers

— STEVEN AND WHITNEY BOE —

Saturday, January 23 - 2:15 pm to 4:15 pm

Mythic Journeys is a multi-layered masterpiece, a unique fusion of documentary, animation and story starring Tim Curry, Mark Hamill and Lance Henriksen. Documentary-style interviews are interwoven with a Hi-Def stop-motion animated adaptation of an ancient myth, where a noble king is charged with the grim task of delivering a corpse to a mysterious sorcerer. Award-winning filmmakers Steven & Whitney Boe engage the audience with a thought-provoking, unpretentious and often humorous style that captures the essence of what it is to be human and affirms the idea “Every Life is a Story and that Story can Change the World.”



DINNER BREAK

Evening Event: *Trance Dance:*

An Evening of Sacred Connection Through Primal Rhythms and Movement

— ERNESTO ORTIZ —

Saturday, January 23 - 8:00 pm to 10:00 pm (end time is flexible-event is experiential)

Trance Dance is a unique blend of healing sounds, dynamic percussive rhythms, transformational breathing techniques and the innovative use of a blindfold or bandana to stimulate a trance state that promotes spiritual awakening, mental clarity, physical stamina and emotional well-being.

The essence of change and enlightenment is in the word *trance*; words like: Transformation, Transpersonal, Transcendence, and Transmutation.

Evocative music that ranges from the wild to the sublime is the gateway to your experience. Didgeridoo, rattles and drumming weave the dance and the music, creating a tapestry of primal, aboriginal sounds.



SUNDAY, JANUARY 24

Understanding Your Life as a Story

— STEVEN AND WHITNEY BOE —

Sunday, January 24 - 8:30 am to 11:30 am

Filmmakers Steven & Whitney Boe share their insights on what it is to be human. Through the use of story they unravel the deeper meaning behind our lives and help each person discover their individual purpose. By utilizing the timeless mythic structure of the Hero's Journey, the Boes will show you ways to look at your life as a story and to recognize the guides and signposts that have helped bring you to where you are today. You will not only be able to see “the next chapter” but you will be able to help write it.

Imagination, humor, and embracing the wisdom of uncertainty are incorporated into exercises and group dialogue in this entertaining and playful Creative Life Series. Participants will:

- ★ Discover tools to unlock your passions
- ★ Learn to say “yes” to the journey
- ★ Focus your imagination
- ★ Write the next chapter of your life

The Boes' work is based on the concept, now supported by quantum physics, that we are all connected. Therefore our actions have a profound effect not only on others, but on the world as a whole. Their mission is to inspire your own personal transformation, bring your passion into focus, and then take that passion out into the world.



LUNCH BREAK

The Body Electric: Clearing Energy for Your Journey

— ERNESTO ORTIZ—

Sunday, January 24 - 12:45 pm to 2:15 pm

In this mini-workshop participants explore opening to the frequencies of the body electric. Ernesto masterfully facilitates bringing into balance all mis-alignment through sound, movement and dance. Raising our vibrational frequency becomes more and more important as we continue riding the energetic wave of 2012.



Circle Dialogue: Translating your Mythic Journey into Action

— ALL—

Sunday, January 24 - 2:30 pm to 3:30 pm



Closing Ceremony

— ERNESTO ORTIZ AND ALL—

Sunday, January 24 - 3:30 pm to 4:00 pm

NOTE: The Grotto has another event at 4:30, so we will have to leave the room by 4:15 p.m. Feel free to mill around and visit with one another outside the meeting room.

MYTHIC WEEKEND EVENT - AT A GLANCE

| Saturday, January 23 | Sunday, January 24 |
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| 8:00 am Registration opens | 8:00 am Registration opens |
| 9:00 am - 12 noon Ernesto Ortiz: The Four Aspects of Love | 8:30 am - 11:30 am Steven & Whitney Boe: Understanding Your Life as Story |
| Noon - 2:00 pm LUNCH | 11:30 am - 12:45 LUNCH |
| 2:15 pm - 4:15 pm Mythic Journeys film and Q&A with Steven & Whitney Boe | 12:45 pm - 2:15 pm Ernesto Ortiz: The Body Electric |
| 4:15 pm - 8:00 pm BREAK / DINNER | 2:30 - 3:30 pm Circle Dialogue |
| 8:00 pm - 10:00 pm Trance Dance | 3:30 pm - 4:00 pm Closing Ceremony |

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Presenter Biographies

Steven and Whitney Boe

Steven & Whitney Boe are the founders of *Imaginal Cells FilmWorks* in Los Angeles, CA and produce inspirational films that raise the consciousness of the viewing public with positive themes and entertaining stories. The Boes have worked in the industry for over 25 years, receiving critical acclaim and numerous awards for their work in film, television and theatre. They have written, directed, and produced a number of award-winning independent films including their latest project *Mythic Journeys*.

Before stepping behind the camera, the Boes acted in theatre, commercials, film, and television. Their professional training gave them a solid foundation by stressing authenticity, integrity, and self-confidence through the use of imagination, humor, and the wisdom of uncertainty.

Their mission is to inspire others to connect at a mythic level to make the world a better place for us all.

www.imaginalcellsinc.com

www.mythmovie.net



Ernesto Ortiz

A noted healer, Shaman, writer and artist, Ernesto has devoted his life to exploring and communicating the language of the heart, primal movement and deep inner spaces.

During the past 25 years, he has taken thousands of people on a journey from physical and emotional inertia to the freedom of ecstasy, from the chaos of the chattering ego-mind to the blessed emptiness of stillness and inner silence.

Cultures are no barrier as he has presented seminars and intensives in Canada, Europe, Australia, Egypt, Bali, Latin America, the Caribbean and the USA. Ernesto is the founder of *Journey to the Heart*, author of *In the Presence of Love*, *The Akashic Records Level I*, *Tantric Shamanism*, *The Art of Relationships* and others.

www.journey2theheart.com